

PROTECT YOURSELF, YOUR FAMILY AND

COMMUNITY FROM COVID SICKNESS

After your COVID-19 vaccine you may get some side effects.
This is normal, it means the vaccine is working.



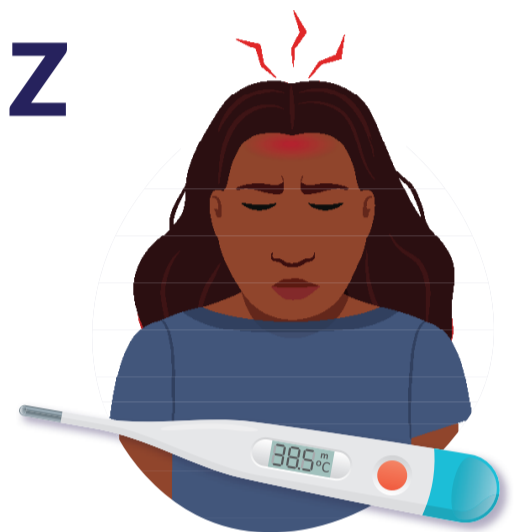
Sore arm



Headache



Feeling tired



Fever

These symptoms usually get better in 1 – 2 days.

What to do if you have any side effects



Reduce pain and discomfort

- Put wet cloth on your arm.
- Move your arm gently.



Reduce discomfort from fever

- Drink water.
- Take Paracetamol if needed.

See your GP if your side effects don't go away.