

# Removing a face mask

How you take off your mask is important as it may carry germs



#1

Wash your hands  
or use sanitiser



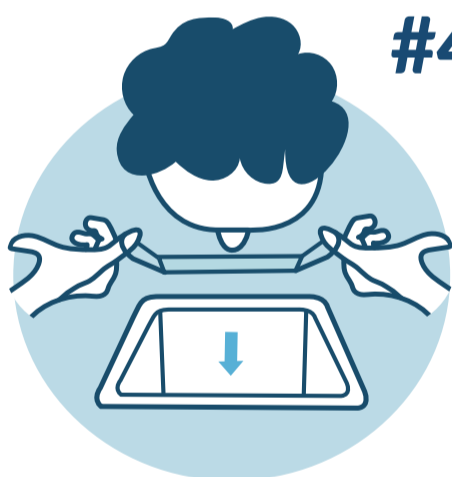
#2

Lean over bin



#3

Lift elastic from  
ears using loops



#4

Drop mask directly  
into bin or place a cloth  
mask into a sealed bag  
for washing



#5

Wash your hands  
or use sanitiser

It's important to wash your hands before and after removing your mask

If you're experiencing COVID-19 symptoms,  
stay home and speak to your doctor about getting tested